University of Professional Development Courses

# 2025 Course Catalog

**Online Graduate Courses for Educators** 



**ENROLL TODAY!** 

pdc.laverne.edu 1-833-858-7327

# President's Message

Welcome to the University of La Verne, where we believe in delivering a rich and fulfilling experience for every student. Our Professional Development Courses offer educators opportunities for growth and lifelong learning through engaging coursework relevant to the TK-12 classroom. This catalog offers important information about our broad selection of courses designed to support and enhance your educational journey.

Since its founding in 1891, the University of La Verne has been dedicated to delivering a distinctive, relevant, and values-driven education to all its students. Whether you are engaging in Professional Development Courses, pursuing an advanced degree, or furthering your education as an adult learner, you are a valued member of our community. Our faculty and staff commit themselves to providing exceptional academic instruction and supporting your scholastic and personal growth.

Enroll today to join a prestigious, global network of more than 80,000 PDC alumni; each embodying a strong commitment to professional excellence and societal progress.

If you want additional information about our Professional Development Courses, please reach out to our PDC specialists at **(833) 858-7327** or email **lavernepdc@laverne.edu**.

Risa Dickson

Lisa Elichsi

President



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The University of La Verne provides one year from the end of the enrolled semester to complete your Professional Development Courses. Upon completion of all courses within the term of enrollment, a complimentary transcript will be issued to the address on file.

You may register for courses at any time during a semester! Register for up to 15 credits per semester.

Spring Semester
Summer Semester
Fall Semester

February 1, 2025 – May 31, 2025 June 1, 2025 – August 31, 2025

September 1, 2025 – January 31, 2026

### **ABOUT OUR COURSES**

Professional Development Courses® offer graduate-level, non-degree semester credits that can be applied toward salary advancement, licensure, or certification renewal. Our courses feature current, relevant content designed for today's educational professionals. Taught by respected experts in fields such as education, psychology, literature. history, science, technology, and coaching, these courses are regularly updated to stay current. Please check the website for the most up-todate syllabus

You may select courses from two convenient formats: Online or PDF. The online format allows students to work on their assignments online, allowing 24-hour access and immediate submission to the instructor once the course is complete. When the PDF format is chosen, you will download and print assignments to complete.

Most of our courses offer the flexibility of choosing your materials as hardcopy textbook/s or eBook. Look for the eBook indication next to the courses that have this option.



Scan to view courses!

### CERTIFICATE PROGRAM

The University of La Verne extends a valuable opportunity for students to achieve Professional Development Certificates, recognizing the commendable achievements of educators and facilitating the enhancement of their professional journeys. These certificates are merited after earning 15 credits within a chosen subject. In addition to receiving graduate, non-degree semester credit by completing the courses, students will also acquire an official, signed Certificate.

### **Certificate Categories**

- Art History and Appreciation for the Classroom Literature for the Classroom
- Basic Biology for the Classroom
- Contemporary World History and Politics
- Early American History for the Classroom
- Health and Human Development
- Inclusive Classroom Teaching
- Instructing and Supporting English Language Learners
- Integrating Technology into the Classroom

- Mindfulness in the Classroom
- Motivation and Classroom Management
- Physical Science for the Classroom
- School Culture and Violence
- Sports Psychology and Coaching
- Teaching in the Multicultural Classroom
- Teaching in the Online Classroom
- World History

Upon successfully fulfilling the required 15 semester credits, certificates are automatically awarded and mailed to the address provided during the most recent registration. Courses applied towards the Certificate must have earned a B or better. Students have the flexibility to choose between enrolling in all 15 semester credits at once or opting for individual courses. The ability to receive a Certificate does not expire even if it takes several months or years to complete all required courses. Certificates are processed and mailed once per month.

Please visit our website pdc.laverne.edu for more information.

### **CONNECT WITH US!**

For Student Support, Technical Support, or Registration Our PDC Staff and Faculty are available via Live Chat, Phone or Email Monday through Friday 8:00a.m. to 5:00p.m. PST. All courses contain a discussion board with 24-hour access for course related questions.





**EMAIL: LAVERNEPDC@LAVERNE.EDU** WEBSITE: PDC.LAVERNE.EDU PHONE: 1-833-858-7327

## **EDUCATION & PSYCHOLOGY**

### **MOTIVATION & CLASSROOM MANAGEMENT**

## **EDUC 711C** Effective Character Education

3 Semester Credits EBOOK OPTIONAL \$420.00

Why does character matter and why are manners important? This course delineates the stages of character development and the acquisitions of moral understanding throughout childhood and adolescence.

## **EDUC 713J** Motivating Students Who Don't Care

3 Semester Credits EBOOK OPTIONAL \$420.00

Awaken students to the excitement of learning! This course examines different types of motivation such as intrinsic motivation, and activating the metacognitive and cognitive systems. It gives the educator models for developing motivation in the classroom.

### **EDUC 7130** Building Classroom Discipline

3 Semester Credits EBOOK OPTIONAL \$420.00

Discipline problems can be major sources of frustration and burnout for educators and students alike. This course provides positive effective strategies and practical solutions to help manage and address discipline problems.

### **EDUC 713V** Classroom Management for Middle and High School Teachers 3 Semester Credits EBOOK OPTIONAL \$420.00

This course is a comprehensive review of effective classroom management designs and strategies, which produce positive learning environments. It is designed especially for middle and high school teachers.

### **EDUC 713W** Classroom Management for Elementary Teachers 3 Semester Credits EBOOK OPTIONAL \$420.00

One of the biggest challenges and sources of anxiety a new teacher faces is managing a classroom. This course is a comprehensive review of classroom management strategies and designs.

# **EDUC 7180** Effective Classroom Management Strategies for the 21st Century Classroom

### 3 Semester Credits \$420.00

Get ready to prepare your students for their most successful year yet! Designed for K-12 educators, this classroom management course will provide you with the tools and framework for creating a detailed classroom management plan, including the first day of school documents, backup plans for unscheduled events, guidelines for student lessons, and much more.

# **EDUC 719F** Co-Teaching that Works! Structures and Strategies for Maximizing Student Learning

### 3 Semester Credits EBOOK OPTIONAL \$420.00

Co-teaching is a rewarding style of teaching that benefits all teachers and students involved. This course is designed to guide co-teachers as they develop, set up, and maximize each other's talents. After completing this course, you will be better prepared to implement an amazing co-taught classroom!

### EDUC 719H How to Gamify Your Classroom

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

This course offers educators a comprehensive review of the theory and application of gamification to increase student engagement and motivation. Beginning with an introduction to gamification theory, the course examines various game-based learning elements and strategies, providing educators with the tools to gamify their own learning environments.

## **EDUC 719J** A Competency-Based Approach to Student Achievement **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

This course provides strategies and structures to maximize student learning. Are your lessons becoming stale and boring? Do you feel that your students are coasting through your class and lacking a healthy challenge? This course is a great opportunity for you to discover what your students can and cannot do while using a practical step-by-step in using mastery learning to get your classroom back on a dynamic and successful path!

## **EDUC 719K** Pushing Too Hard: The Perils of Toxic Achievement **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

This course is directed to teachers, educators, and administrators of every age and experience level. It will help them understand the pitfalls of a culture whose unrelenting push may prove ultimately harmful and detrimental to the emotional and physical health of students.



### **EDUCATIONAL TOOLS FOR TEACHERS**

### **EDUC 710Z** Behavior Modification for Yourself and Others

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

Whether starting an exercise program, improving self-confidence, changing a diet, or improving relationships with others, this course discusses multiple strategies proven effective for changing one's behavior. The focus for learning will be the analysis and implementation of a behavior modification program over a period of four weeks.

### **EDUC 711X** Creating a Mindful Environment

### 3 Semester Credits EBOOK OPTIONAL \$420.00

The mindful individual experiences the world by creating new categories, being open to new information, and being aware that any experience can be viewed from more than one perspective. This course covers the concept of mindfulness in the context of many real-life situations and in the context of academic instruction.

### EDUC 712I Learning the Meanings of Words

### 2 Semester Credits \$280.00

This research-based course explores current theories of word learning, providing a basic understanding of how children use cognitive abilities such as inference, concept acquisition, syntactic structure, general learning, and memory abilities to learn new words.

## **EDUC 712X** Understanding and Dealing with Difficult Parents **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

Dealing with difficult parents is one of the biggest problems faced by today's educators and administrators. This course provides educators with creative strategies to handle problems diplomatically and defuse angry or emotionally charged parents.

# **EDUC 714A** Personal Motivation & Maintaining a Positive Attitude in the Classroom

### 3 Semester Credits EBOOK OPTIONAL \$420.00

To motivate students and be effective in the classroom, the educator must be excited about teaching. This course elaborates on the concept that attitudes are contagious, and the most effective teachers are those who demonstrate enthusiasm for their subjects and professions.

### **EDUC 714E** What's in a Grade?

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

This course addresses the objectives of grading and reporting on student learning and motivation, the rationale for separating nonacademic factors from the letter grade, the fairness of offering students more than one chance, and the profound effect of zeros when averaging a grade.

## **EDUC 714M** Creating a Meaningful Classroom Assessment Program **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

Guided by the latest research and proven methods, educators will develop the skills necessary to implement a successful student-centered formative assessment process across all grade levels. K-12 educators will learn how to map out learning progressions, select assessment strategies to provide quality feedback, engage students in self-assessment and self-management, remain mindful of individual social and emotional learning needs, and much more.

## **EDUC 714S** Becoming a More Effective Teacher **3 Semester Credits \$420.00**

This course is designed for the beginning teacher, the teacher changing grade levels, or for the returning teacher who may want to refine his or her classroom organization and management.

# **EDUC 714Z** Self-Directed Learning: Making Learning Meaningful for Adolescent Students

### 3 Semester Credits EBOOK OPTIONAL \$420.00

The possibilities for student motivation, achievement, and success are enhanced when educators move to a self-directed learning environment. This course will help educators motivate and empower students to take responsibility for their learning by assisting them in goal setting, self-monitoring, reflection, and independent coursework.

## **EDUC 715B** Making Connections for Engaged Learning **3 Semester Credits \$420.00**

When educators make connections with their students, there will be greater cooperation on the part of the student and increased engagement in learning. Educators will learn how to set up learning teams to make the classroom more satisfying, with the ultimate goal of engaging everyone in learning.

## **EDUC 715I** Effective Feedback to Improve Student Achievement **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

It's not about grades, it's about learning! When educators provide effective feedback, they become learning coaches for students. Numerous examples are provided to emphasize feedback to improve achievement for successful, struggling, and reluctant students.

# **EDUC 716D** 21st Century Skills: Preparing Students for a Successful Future

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

This course will help educators integrate vital skills into the everyday classroom. Educators will learn about lesson planning that involves project-based and interactive learning experiences that will help their students meet the demands of the 21st century.

## **EDUC 716F** RTI and RTI<sup>2</sup>: Revitalizing K-12 **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

These education strategies are revolutionizing schools by helping students succeed, academically and behaviorally, in ways that no legislation has ever done. This course offers accurate and accessible reference tools, giving educators the strategies they need to provide students with high-quality instruction and effective interventions.

### **EDUC 717I** The Flipped Classroom

#### 3 Semester Credits \$420.00

In this course, you will learn the difference between traditional and flipped-mastery learning, why the flipped classroom works, what strategies are effective for flipping your classroom, how to design a flipped classroom lesson plan, and what you need to flip your own classroom.

### EDUC 7175 Making Math Meaningful, Maybe Marvelous!

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

This course introduces well-researched suggestions for optimizing instruction at all levels, including implications for how students can learn math and how teachers can facilitate learning math. While remaining cognizant of the time and choice constraints placed on teachers by Common Core, anticipated problems and ways to overcome them are addressed through understanding of different learning strengths and skill levels.

# **EDUC 717T** Personalized Learning: A Powerful Solution to an Urgent Need for Change

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

Personalized learning is a student-driven model that doesn't require educators to start from scratch. Instead, teaching and learning become more exciting through the connection of academic goals of current curriculum with learning that relates to the lives, interests and needs of learners.



## **EDUC 718C** Understanding and Teaching the Rewired Brain **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

Frequent use of technology may alter intelligence, attention span, self-esteem, memory, critical thinking processes, empathy, and social relationship by rewiring our brains. By examining and learning how technology is changing the way students' brains function, educators can adapt to keep students motivated to learn.

## **EDUC 718M** Critical Thinking: How to Win the War Against Fake News **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

This course is designed to help you teach your students to approach all the information they receive with a critical attitude, asking, for example: What's the source? What do I know about the author? How does this information square with other sources? Is it reasonable? Should I check Snopes? Resources are available for all levels. All are engaging, and some are even amusing. All have the underlying severe intent of teaching us how to be careful judges of what we read.

### EDUC 7185 Mindful Teachers, Mindful Students

#### 3 Semester Credits \$420.00

This course offers educators many opportunities to learn and teach mindfulness techniques to their students. For teachers and students alike, mindfulness practices set the tone for the day, ease transitions from subject to subject, and provide a safe and predictable pattern that helps students concentrate. Mindfulness practices that might be adopted schoolwide are also explored.

### **EDUC 718V** Practical Strategies for Teaching Online

#### 3 Semester Credits \$420.00

In this timely course, you will receive essential hands-on tools and evidence-based strategies to equip you to deliver an effective distance learning environment for your students. You will also develop positive teacher-student relationships, build credibility with your students and parents, prepare assessments, and meet your learning targets. Additional topics include instructional approaches through synchronous and asynchronous learning, discussion of equity challenges related to distance learning, how to reduce busywork, prioritize curriculum that engages students, and much more!

### EDUC 719L Project Based Learning

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

This course explores the benefits and challenges of implementing Project Based Learning (PBL) in the classroom. Students are introduced to the foundational ideas and practices needed to create a PBL culture in their classrooms. Additionally, students will be provided with a template for designing, implementing and assessing their own PBL learning activities.



## **EDUC 719N** Genius Hour: Implementing Passion-Based Learning **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

Genius Hour for "passion-based" learning will teach you about a fresh and exciting teaching method to reinvigorate both you and your students. After implementing what you learn from this course, your students will experience personalized learning through self-driven projects, the application of standards and real-world skills, and opportunities to learn through productive struggle and reflection!

## **EDUC 719R** Teaching STEM in the Early Years **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

This course provides an introduction to the principles and practices of teaching STEM (Science, Technology, Engineering, and Mathematics) in the primary education settings. It is designed for educators, caregivers, and anyone interested in fostering young children's curiosity, critical thinking, and problem-solving skills through engaging STEM experiences.

## **EDUC 719X** Implementing Playful Learning in PreK-2 Classroom **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

In this course, participants will focus on the benefits of independent play in the PreK-2 classroom, and how it can enhance student learning. Teachers will learn multiple ways to transform learning environments to incorporate play, create learning opportunities that speak to various student identities, design playful learning experiences that promote critical thinking, and respond to observations and assessments to draw on children's capabilities.



"The course ADD/ADHD:
Strategies & Interventions
offers an interesting firstperson perspective. I find it both
relatable, as I believe everyone
has experienced some of these
challenges, and professionally
enlightening in that, we must keep
in mind that people's capability can
vary depending on circumstances,
both internal and external."
-A.Smith, Massachusetts





### **NEURODIVERSITY AND LEARNING DISORDERS**

### **EDUC 711H** Teaching Gifted and Talented Students

3 Semester Credits EBOOK OPTIONAL \$420.00

What is giftedness? What can educators do with underachievers and perfectionists? This course covers educational implications of giftedness and provides classroom strategies and techniques for engaging gifted students.

### **EDUC 711I** Teaching Gifted and Talented Girls

1 Semester Credit EBOOK OPTIONAL \$140.00

This course focuses on the unique problems and joys of talented girls and offers practical ideas for educators and counselors.

### EDUC 712U Child Behavior Disorders

### 3 Semester Credits \$420.00

Behaviorally disordered, emotionally disturbed, or socially maladjusted are terms often used to describe children who are troubled or who cause trouble for those around them. In addition to explanations of behavior and conduct disorders, this course gives an in-depth view of conditions that affect learning and academic performance.

### EDUC 712Y ABCs of Effective Mainstreaming & Inclusion

#### 3 Semester Credits \$420.00

Educators will be better prepared to handle the most frustrating aspects of teaching a child with a learning difference, more prepared to maximize each student's strengths, and better equipped to meet the multitude of challenges that accompany mainstreaming and inclusion.

### **EDUC 712Z** Understanding Autism

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

This course discusses the exciting developments in research, education, and treatments that have emerged in recent years. Topics covered include the history of autism, special education policy, the neurological basis of autism, and autism throughout the life cycle.

### EDUC 713C Psychology of Exceptional Children

### 3 Semester Credits EBOOK OPTIONAL \$420.00

This course is designed to familiarize educators about the special problems of children who have health, academic, emotional, behavioral, sensory, and physical exceptionalities. It provides information on diagnoses, observable traits, and instructional strategies to support each learner.

### **EDUC 713K** The Differentiated Classroom

### 3 Semester Credits EBOOK OPTIONAL \$420.00

Dividing time and resources to effectively instruct students of diverse backgrounds, readiness levels, skill levels, and ways of learning is one of the most difficult challenges faced by educators. By focusing on research, theory and examples, this course will help in meeting these challenges.

### **EDUC 714U** Understanding Asperger's Syndrome

#### 3 Semester Credits FBOOK OPTIONAL \$420.00

Children and adolescents with Asperger's Syndrome (AS) can intrigue and confound educators – often simultaneously. This course will help explain AS, and why individuals with AS act the way they do, will provide tools to encourage more appropriate behavior, and include intervention strategies to enhance learning and communication.

### **EDUC 715A** Teaching Students with Mild Disabilities

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

This course is designed to help educators identify characteristics of students with mild disabilities and to introduce educators to practices that influence the identification, placement, and teaching of these students. It also provides educators with specific strategies and knowledge of materials, which are important in meeting the needs of students with mild disabilities in a variety of classroom settings.

## **EDUC 715G** ADD/ADHD Strategies and Interventions for the Classroom **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

This course defines the symptoms and characteristics of ADD/ADHD, offers strategies to use within the classroom and with parents, and discusses the role of temperament traits in the behavior of children with ADD/ADHD.

### **EDUC 717Z** Special Education Law

### 3 Semester Credits \$420.00

Through easy-to-comprehend texts, educators will learn how to understand student disabilities, the pre-referral, referral and evaluation process, differences and similarities of IEP and Section 504 plans, roles of education professionals, detailed laws and court case examples, and many more related topics.

### **EDUC 717M** Understanding Dyslexia

### 3 Semester Credits EBOOK OPTIONAL \$420.00

Dyslexia is the most common learning disability and is often both undiagnosed and untreated. This course provides the knowledge, skills and tools educators need to effectively understand, assess, and treat individuals struggling with dyslexia and other reading and language-based disabilities.

### EDUC 718B The Special Needs Brain: Helping it Learn

### 3 Semester Credits EBOOK OPTIONAL \$420.00

Through this course, educators will learn possible causes of special needs, about brain systems that have gone awry, diagnostic issues and criteria, research on practical approaches to helping special needs students learn, and a variety of strategies to consider when planning lessons.

### **PSYCHOLOGY**

### EDUC 710B I'm So Stressed I Could Scream!

### 3 Semester Credits EBOOK OPTIONAL \$420.00

Physiological causes of stress and various approaches to stress reduction are explored in this course. In addition to learning stress management and relaxation techniques, students will learn to recognize events that trigger stress and to identify stress responses. Students will also create and implement a personal stress reduction program, which will increase awareness and response to everyday stress.

### **EDUC 710H** Understanding Your Moods

#### 3 Semester Credits \$420.00

Depression, anxiety, tension, weight control, exercise, and good and bad moods are explored in this course. Students will create a mood log, and learn how diet, exercise, sleep, smoking, caffeine, alcohol, candy, and shopping relate to moods.

### **EDUC 711T** Learning Differences Between

the Sexes

#### 2 Semester Credits EBOOK OPTIONAL \$280.00

This research-based course provides examples and techniques from an expert in child and adolescent development to enhance your approach to teaching the two sexes to help them reach their full potential. Topics include gender differences, risks, school, social media, video games, gender nonconforming, and various other topics.



## EDUC 711Y Adolescent Psychology 3 Semester Credits ONLINE FORMAT ONLY \$420.00

This course examines human development during the period of life known as adolescence. Often thought of as a time of "storm and stress," adolescents are faced with psychological and physical changes, personal challenges, and developmental opportunities. This course explores cognitive, affective, moral, and adolescent personality development from a multicultural and ecological perspective.

## **EDUC 712B** Eating Disorders: A Psychological Battlefield **3 Semester Credits \$420.00**

Food and eating have become a psychological battleground for many adolescents, especially young women. While several eating disorders are covered, this course concentrates on the history, causes and treatments for anorexia nervosa and bulimia nervosa.

## **EDUC 714Q** Student Learning and the Brain **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

Drawing on neuropsychological research and educational experience, this course builds the bridge from brain function to classroom learning. It provides brain compatible teaching strategies, shows why meaning is essential for learning, and it explains how the brain encodes, manipulates, and stores information.

### **EDUC 715U** The Universe Revolves Around ME!

Narcissism Inside and Outside the Classroom

### 3 Semester Credits EBOOK OPTIONAL \$420.00

The human potential movement has led to a me-first attitude and a strong disregard for the feelings and rights of others. The development, symptoms, and possible treatment of narcissism are covered in the course.

## **EDUC 717A** Dying, Death & Bereavement: End of Life Issues **3 Semester Credits \$420.00**

This course addresses the paradoxical relationship with our own death and the deaths of others by providing an understanding of issues related to the end of life, death at different age levels, the process of dying, suicide, animals and death, death rituals and funerals, and bereavement.

## **EDUC 717L** The Family Defined and Explored **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

This course explores important aspects of family and family relations and discusses how changes in society are changing the nature of family life and communications within and outside the family. It identifies current concerns and problems within the family and presents alternative views of family processes.

# **EDUC 717W** How the Brain Learns to Read: Decoding, Comprehension, and Motivation

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

Reading is THE essential academic skill. Yet, in every literate culture, it is a difficult skill to acquire. This course integrates research on the teaching of reading from brain science, psychology, education, linguistics, and other fields and suggests best practices from very early childhood through high school. Reading problems, ranging from social and cultural through biological and psychological, are described and followed with ways of overcoming these obstacles.

## **EDUC 718D** Cognitive Approaches to Learning and Teaching **3 Semester Credits \$420.00**

This course presents research and practical approaches to learning and teaching through texts based on decades of research in cognitive psychology. Traditional study habits—underline, review, memorize, cram—are ineffective and waste time. Better are questioning, self-quizzing, spaced retrieval, and avoiding traps that lead to false confidence.

## **EDUC 718H** Current Topics in Sociology and Society **3 Semester Credits \$420.00**

Through the study of current articles on sociological research, students will learn how social influences govern how they function within society. Topics include, but are not limited to, culture, politics, education, economics, gender and societal inequalities, social changes, and the future of our society.

## **EDUC 718N** Coaching a Growth Mindset: Unleashing Student Potential **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

Growth mindset acknowledges that the brain has limitless potential to learn and grow. This growth occurs as teachers coach students to persevere, tackle challenges, and learn from mistakes. Growth mindset is a fascinating approach to unleashing student potential and improving student achievement. At the end of this course, you will have personalized growth mindset lesson plans for each month of the school year. All grade level teachers will find this course relevant.

## **EDUC 718R** Anxiety and Phobia Awareness for Educators **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

In this course, you will discover information about a variety of anxiety and phobia disorders, proven skills and techniques for preventing and coping with anxiety disorders, nutrition and lifestyle changes, and other valuable resources. This timely course for educational professionals of all grade levels offers easy-to-understand resources, checklists, and readily-applicable tools in a practical and cohesive format.



## **EDUC 718U** Cultivating Emotional Resilience in Educators and Students **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

Get ready to reinvigorate your passion for your profession! This course is designed for educators and administrators of every experience level. You will be guided through a series of practical projects and activities to develop emotional resilience through 12 essential habits, adopting a mindful approach to communication, adopting tools to make teaching fun and enriching for yourself and your students, how to decode body language and nonverbal communication, uncover your true self and potential, and much more.

## **EDUC 718W** Implementing Social and Emotional Learning in the Classroom **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

Evidence-based research illustrates that children who receive social and emotional learning, concurrently with their academic instruction, demonstrated better classroom behavior, higher levels of academic success, a more mature ability to manage their stress and emotions, and were more likely to be well-adjusted in their post-academic years. Implementing Social and Emotional Learning in the Classroom will impart educators and K-12 professionals with the strategies and resources they need to create a supportive and thriving classroom and school community for themselves and their students.

## **EDUC 718Z** Teaching the Teenage Brain **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

There is no better time in a person's life than adolescence because of the brain's amazing efficiency in absorbing, processing, and using new information, but there are roadblocks. Learn about the teenage brain's capacity for learning in this incredible course.

### **EDUC 7190** Sleep, Learners and Teachers

### 3 Semester Credits \$420.00

One sleepless night could mean the difference between a productive day and a miserable one. Understanding the science behind what causes poor sleep routines, disturbances, and disorders opens the possibility of a better night's sleep, resulting in improved performance for yourself and your students.

## **EDUC 719P** Social and Emotional Learning and Character Development **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

This sets forth a clear set of principles that administrators and teacher-leaders can implement to help students thrive. Emerging research on social-emotional learning is explored through reading and an interactive online resource. A character education framework and comprehensive guide to shaping purposeful learning environments, fostering healthy relationships, instilling core values and virtues, role models, empowerment, and long-term development are presented. Pre-K-12 educators will gain practical tips, review anecdotes from award-winning schools, and learn straightforward principles related to moral education, social-emotional-learning, and positive psychology.

### EDUC 7195 I am Burnt Out! The Road to Recovery

3 Semester Credits EBOOK OPTIONAL \$420.00

Do you find yourself questioning whether you are on the right path? Or perhaps you wonder what you can do to replenish your energy and power, find a healthy balance in your work and life, reconnect with your sense of purpose, and nurture yourself on a soul level. It is time for you to take care of yourself during times of stress, get yourself on track for fulfillment, and make a meaningful difference in the world. This course gives a fresh new perspective on why people feel disconnected from their work or overextended, disengaged, and drained.

## **EDUC 719U** Psychology of Learning **3 Semester Credits** ONLINE FORMAT ONLY **\$420.00**

This course covers relevant theories and practices related to the psychology of learning, including topics such as brain hemi spheres and functions, multitasking, schema, modalities of learning, Universal Design for Learning, and much more. The goal is to help education professionals develop a clear and informed personal approach to effective and engaging education strategies.

### **MULTICULTURAL**

### **EDUC 710C** The Multicultural Classroom

3 Semester Credits \$420.00

Issues tied to race and culture continue to be a part of the landscape of America's schools and classrooms. This course takes a deeper look at how schools must be prepared to respond to disparate outcomes among students of color.

## **EDUC 716G** Bridging the Culture and Poverty Gap in Education **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

This course examines topics in culture and adverse childhood experiences and presents specific activities and programs to ensure higher student achievement. Learn how to implement a comprehensive set of instructional strategies and motivational tools to positively impact student learning.

## **EDUC 719A** Understanding Diversity and Ethnicity **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

This timely and thought-provoking course offers the opportunity to trace the historical progression of race, ethnicity, and gender in the United States and globally. Topics include immigration, assimilation and pluralism, the evolution of dominant minority groups, colonization and ethnic enclaves, and gender and inequality.

### SUPPORTING ENGLISH LANGUAGE LEARNERS

### **EDUC 712N** Teaching the Latino Student

3 Semester Credits EBOOK OPTIONAL \$420.00

Enhancing cross-cultural communication, understanding differences between home culture and school culture, and increasing parent involvement are just a few of the topics covered in this timely course.

### **EDUC 713T** Achieving Success for English Language Learners 3 Semester Credits \$420.00

This course will focus on modern strategies for the K-12 teacher to enhance the learning of English Language Learners. This course is presented in a userfriendly format that includes a wide range of effective teaching strategies to help English Language Learners (ELL) understand content materials as they develop their speaking, reading, writing, and listening skills.

#### **EDUC 718A** How the ELL Brain Learns

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

Brain mechanisms for language learning are presented and referenced throughout the text for a broad understanding of how English Language Learners acquire language. Upon completion of this course, students will understand the amount of effort ELLs exert to master course content and which teaching methods should be applied to meet their specific needs.

### **EDUC 718I** English Language Learners' Struggles:

Signs of Difficulty—or Disability?

### 3 Semester Credits \$420.00

Many English Language Learners (ELLs) have difficulty learning English and succeeding in other subjects. One reason might be a learning disability. This course will provide teachers with evidence-based materials to help those struggling with the difficulties of learning a new language or struggles with a disability.

### **EDUC 719M** Supporting Newcomer English Language Learners 3 Semester Credits EBOOK OPTIONAL \$420.00

Being a newcomer English language learner can have unique challenges varying from student to student. This course examines case studies outlining what newcomers genuinely want and need in those first few months so that their transition is positive. Upper elementary, middle school, and high school educators will explore strategies to make academic content accessible for these students while also keeping social-emotional and culturally responsive considerations in mind.

### **EDUC 719T** Advocating for the Latino Student

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

This course addresses the challenges and the opportunities of educating the linguistically and culturally diverse growing population of Latino students. Through a research-based lens, students will gain an understanding of culture and how it influences the school setting, particularly for Latino children and adolescent learners who may typically be characterized as "at risk".

## **EDUC 719Y** Theoretical Foundations of Linguistics for ESL

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

This course covers current research in second language acquisition and its application to teaching. Students will explore foundational theories of first language acquisition, the factors influencing second language learning, and evaluate various approaches to second language teaching.

### **HEALTH AND FITNESS**

### **EDUC 712C** Psychology of Eating and Exercise

### 3 Semester Credits EBOOK OPTIONAL \$420.00

Both food and exercise relieve tension and give us a lift, but with weight gain at epidemic proportions, exercise should be the choice for boosting energy and reducing tension. This course will explain the reasons people eat too much and exercise too little.

### **EDUC 713G** Understanding Childhood Obesity

### 3 Semester Credits \$420.00

By integrating information from scientific and popular sources, this course will help educators understand childhood obesity and the economic, social, and political ramifications of this serious problem.

### EDUC 715C Fit for Life

### 3 Semester Credits EBOOK OPTIONAL \$420.00

This course teaches the fundamental components and principles of lifetime physical fitness and other health-related issues. Emphasis is placed on fitness and wellness through the study of nutrition, weight control, stress management, fitness assessment, and consumer facts on exercise and fitness.

### **EDUC 716Y** Health Issues in the 21st Century

### 3 Semester Credits \$420.00

It is the responsibility of today's educators to provide students with the most current and reliable health information available, and to teach skills that will help determine which information is fact and which is fiction. This course offers the latest thinking on a variety of contemporary health issues, from promoting nutritional health to the medical effects of exercise.

### EDUC 716Z Human Development

#### 3 Semester Credits \$420.00

Understanding human development throughout our lifespan is crucial. This course explores topics related to physical, cognitive, and psychological changes experienced from genetic and prenatal influences, as well as growth and development from infancy through middle and late adulthood.

### SCHOOL VIOLENCE AND LEGAL ISSUES

### **EDUC 710Q** Curbing School Violence

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

This course provides tools to create the safest possible learning environment for both faculty and students. Specific topics include intervention plans, gun threats, disruptive behavior, personal and classroom safety, dealing with bullies, and school wide preparedness.

## **EDUC 710V** Drugs: Licit and Illicit **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

From caffeine to crack, this course will help identify the most common drugs and their effects. Hazards, addictions, dangerous interactions with other substances, and the effects of recreational drugs are discussed.

### **EDUC 7120** Bullying

### 3 Semester Credits EBOOK OPTIONAL \$420.00

Bully behavior and victimization of children at school are growing trends that continue to be a major concern of educators and parents. This course reviews the facts about bullying and bully behavior and discusses effective ways of preventing and counteracting the problem.

## **EDUC 716B** A Comprehensive and Contemporary Look at School Law **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

The myriad of statutes and legal decisions affecting the daily teaching experience can be daunting. This course will help educators manage a proactive approach of providing first-rate education operations while minimizing legal risks and respecting the rights of students and educators.

## **EDUC 716L** Cyber Bullying: Strategies for Balance and Safety **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

This course provides an easy-to-understand introduction to cyber kids, cyber bullying, and cyber balance, and how to deal with this technology-driven culture as it relates to students. It emphasizes prevention, assessment, and intervention as well as evaluation.

## **EDUC 716M** Suicide, Self-Injury and School Violence Prevention **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

Unfortunately, suicide, self-injury, and school violence are more prevalent in today's schools than in previous generations. Educators, counselors, school health providers, and all administrators will benefit from this vital course highlighting warning signs and prevention methods.

## **ENGLISH AND LITERATURE**

### **EDUC 713D** Punctilious Punctuation

2 Semester Credits EBOOK OPTIONAL \$280.00

This course provides a painless guide to a subject that is often dull or intimidating. It explores the role of punctuation in precision writing and may generate enthusiasm for identifying the egregious examples seen daily in public print.

**EDUC 7135** Woolf and Winterson: Rewriting Gender, History and Love **3 Semester Credits** EBOOK OPTIONAL **\$420.00** 

This course examines Virginia Woolf's novel, *Orlando* (1928) and Jeanette Winterson's novel, *Written on the Body* (1992) in terms of their depictions of gender, romantic love, history, and death. The course explores each novel's overturning of gender stereotypes and complex position on whether gender differences are innate.

## **EDUC 714F** Teaching Shakespeare to Children and Young Adults **3 Semester Credits \$420.00**

This course provides exciting new ways of making Shakespeare more accessible to young minds. Focusing on *A Midsummer Night's Dream*, this course will inspire students to bring Shakespeare to life.

## **EDUC 714H** A Crisis of Imagination in American High Schools **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

Students will tackle the question of how they can learn from Theodore Sizer's book, *Horace's Compromise*, while looking for solutions to the problems in American education. Designing lesson plans on Mark Twain's *The Adventures of Huckleberry Finn*, they will also consider what Mark Twain can teach us regarding the imagination of the freethinking individual and how to ignite it.

## **EDUC 714W** The Nightmare of Reason and the Logic of Madness in Poe **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

This course focuses on Edgar Allen Poe's themes of madness masquerading as reason and the dispassionate reason employed in his stories of mystery, which is the genre Poe virtually created. Students will examine selected short stories and his novella *The Narrative of A. Gordon Pym of Nantucket* to explore creative possibilities for how to teach Poe's fiction in the classroom.



## **EDUC 714X** Teaching the Short Story: Principles and Applications **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

This course examines selected short stories spanning a range of authors—from Chekov, Maupassant, and Joyce, through Woolf, Hemingway, and Updike, to Le Guin, Cisneros and O'Brien—in the context of how teachers might most effectively teach the works to middle- and high-school students.

## **EDUC 715H** Making Poetry Relevant to Students **3 Semester Credits \$420.00**

Is poetry relevant to today's classroom? This course explores various ways educators can more effectively teach poetry to children and create lessons that can open up a world of awe, emotion, and music to their students.

### **EDUC 717P** Wrangling for Readable Writing

3 Semester Credits EBOOK OPTIONAL \$420.00

Good writing conveys ideas from the brain of one person to the brain of another person efficiently, accurately, and often pleasurable. The aim of this course is to improve your writing, using author Steven Pinker as your gleeful guide.



I am just about finished with the Multicultural Education course, and have been very impressed by the readings and resources provided for this class. The text is clear and explains very well the different concepts of multicultural education, race and culture in schools, and strategies on how to improve student outcomes. As a person who works in a wealthy, relatively homogenous school, reading about the achievement gap in other schools is something quite diffrerent for me. We do not face some of the challenges that other schools have, but our students do contend with stereotypes and the model minority myth quite a bit. I also appreciated the different avenues of research we were able to do for this class. Choosing our own articles to write about was really valuable and gave me the chance to pursue my own interests a bit. Thank you for this course. It was a great introduction to La Verne as an institution (this is my first class) and will be really valuable in my teaching.

-A. Moss. Pennsulvania



## **HISTORY**

### **EDUC 710M** Women, Spies and Soldiers of the Confederacy

### 3 Semester Credits EBOOK OPTIONAL \$420.00

From challenges faced by women in the South, to dangerous escapades of Confederate spies, and personal accounts of one soldier's life during the bloodiest four years in American history, this course brings awareness to the effect of this war on history.

### **EDUC 710N** U.S. Constitution

#### 2 Semester Credits EBOOK OPTIONAL \$280.00

This course is designed to help convey a sense of the meaning of the Constitution and help educators gain a greater understanding of the spirit of the document.

### **EDUC 7110** Lewis and Clark Expedition

#### 3 Semester Credits \$420.00

In an effort to find the Northwest Passage, Meriwether Lewis and William Clark led the Corp of Discovery from Missouri through uncharted territory to Oregon. This course brings to life their difficult journey.

### **EDUC 711Q** The Cold War: 1945 - 1960

### 3 Semester Credits EBOOK OPTIONAL \$420.00

The end of World War II promised apparent prosperity to the United States. Instead of peace, a "cold war" began between the U.S. and the Soviet Union fueled by ideological differences and military, scientific, economic, and political rivalries. This course traces the initial period of the Cold War.

#### **EDUC 711R** The Cold War: 1960 - 1990

#### 3 Semester Credits \$420.00

After 1960, as the United States promoted its containment policy, the Cold War settled into a series of tense confrontations in all parts of the world. This course traces the circuitous trail of events, which resulted in the victory of the U.S. in the Cold War.

### **EDUC 711Z** Terrorism: Roots, Causes and Diversity

#### 3 Semester Credits \$420.00

Terrorism, the plague of the late twentieth century and early twenty-first century, is as varied and complicated as the causes. This course examines the roots, reasons, and varieties of terrorism from an array of perspectives and introduces the student to the terrorist phenomenon.

## **EDUC 712A** Linking of a Nation: The Transcontinental Railroad **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

May 10, 1869, marked the day that the Central Pacific Railroad met the Union Pacific Railroad, establishing the United States' first transcontinental railroad. With this unprecedented feat of engineering, a person could travel from New York to Sacramento in a week. This course gives insight into the politics, scandal, and building of the railroad.

### EDUC 712P Ancient Rome

#### 3 Semester Credits \$420.00

This course describes the history of the rise of Rome and the foundation of the Roman Empire. Aspects of Rome's contributions in social and political history, literature, philosophy, art and architecture, and influence on Western civilization are explored.

### **EDUC 712R** Ancient Greece

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

Through the experiences of workers, soldiers, slaves, and peasants, students will explore the environment, the economy, and the roles of myth, religion, culture, science, and education of ancient Greece.

# **EDUC 713M** Ancient Egypt **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

This course journeys through one of the earliest civilizations created by mankind. From pre-dynastic times, to the Ptolemaic and Roman eras, this course explores all aspects of life in ancient Egypt.

## **EDUC 713Q** Founding Fathers Create a Unique

Nation

#### 2 Semester Credits EBOOK OPTIONAL \$280.00

This course provides a structured opportunity to struggle with issues challenging both scholars and concerned citizens of the United States during the decade following 1790. This course will discuss the following questions, and more. What were the underlying themes and debates of the founders? How much influence did individual citizens, interest groups, and politicians have on political outcomes? Who participated and why?

### **EDUC 713U** Native Peoples of North America

#### 3 Semester Credits \$420.00

This survey of North American Indigenous Peoples takes a regional or "cultural area" approach to Native American Studies based upon history, geography, anthropology, biography, ethnographic case study, and art.

### **EDUC 715D** Colonial Spirit and the Settling of North America 3 Semester Credits EBOOK OPTIONAL \$420.00

This course traces the history of the settling of North America, beginning as early as 13,000 B.C., with primary focus on the years 1492 to 1820 A.D. This course focuses on the various North American colonies and their European empires that greatly impacted and influenced our American culture and history.

### **EDUC 715F** Visionary Leaders in Action: The Constitutional Convention 3 Semester Credits \$420.00

This course vividly traces the Philadelphia Convention of 1787. This historical journey captures every stormy and dramatic moment of the formation of our most enduring political documents. This course helps students understand the sacrifice, compromise, and courage of our founding fathers.



# **EDUC 715J** Extraordinary and Enterprising Females of the American Revolution

#### 3 Semester Credits \$420.00

Revisit the American Revolution, a home-front war that brought scarcity, bloodshed, sacrifice, and danger to the lives of every American. This course spotlights the vital role that women and girls played in the struggle for independence.

## **EDUC 715L** Modern China: Clash of Culture and Controversy **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

Because China is an emerging superpower, it is important to learn about its history and culture. This course covers the past 100 years, encompassing major upheavals and cultural transformations that have impacted every aspect of the lives of its people.

## **EDUC 715N** Abraham Lincoln: The Principled President **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

This course traces the personal, political, and moral evolution of one of our most respected and admired Presidents. Learn about the American martyr who valued his principles above all, even if it meant taking an unpopular stance.

## **EDUC 715W** Renaissance: Geniuses and Gifts **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

The Renaissance gave us Leonardo, Michelangelo, Raphael, Shakespeare, Chaucer, the Medici family, Columbus, Vespucci, Gutenberg, Copernicus, Kepler, and Galileo. Through this course, students are transported back in time to experience first-hand the contributions of incredible people, while gaining

further insight into the entire "rebirth" experience from an artistic, historic, and scientific perspective.



### 3 Semester Credits \$420.00

He restored hope to our country during the great depression, led the nation during its greatest war, championed for the common man, and laid the foundation for America as a superpower. Gain insight into the life of one of the best loved, most hated, most influential, and most enigmatic personalities of modern America.



## **EDUC 716A** Westward Expansion and the American Frontier **3 Semester Credits \$420.00**

Students will gain a candid understanding of the Frontier spirit and lifestyle of the courageous men, women, and children who traveled west to fulfill their dreams of a better life and claim territory for the United States.

## **EDUC 716C** Middle Ages: Shedding Light on the Dark Ages **3 Semester Credits \$420.00**

This course focuses on the life and legacies of Charlemagne, considered the Father of Europe. Learn about life within the Feudal System, including the power of the Papacy, the role of the Crusades, the dominance of supernatural beliefs, the savageness of war, and the role the church played in daily life.

### **EDUC 716E** The Political History of the Middle East

### 3 Semester Credits EBOOK OPTIONAL \$420.00

The Middle East is both a stimulating and captivating topic that is vital to ascertain and absorb in modern society. Beginning in the year 395, this comprehensive course transports you to the conflict-torn and complex Middle East, where you relive its vibrant history and politics.

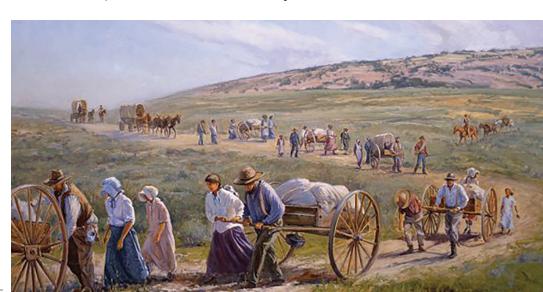
### EDUC 7161 Hispanic Culture: Past, Present and Future

### 3 Semester Credits EBOOK OPTIONAL \$420.00

This comprehensive course provides great insight into the many facets of the Hispanic Culture, for educators to better relate to their students, their families, and communities. Educators will gain an understanding and appreciation of the sociological, economic, political, historical, and religious aspects of the dynamic Hispanic Culture.

## **EDUC 716K** Sir Winston Churchill: Soldier, Politician, Legend **3 Semester Credits** PDF ONLY **\$420.00**

This course provides a comprehensive understanding of the man considered by many as brilliant, tenacious, and capable. Learn about his exuberant life as an inspirational world leader, gifted political and military strategist, and sly humorist, as well as a man of extraordinary character.



## **EDUC 7160** Religions of the World: Celebrating Diversity **3 Semester Credits \$420.00**

It is one of the most passionate topics that joins and divides society, yet little is known of the various religious beliefs of the world. This course will cover the beliefs, traditions, festivals, and practices of the major and minor faiths that exist today.

## **EDUC 716P** Military Leaders: Strategies and Philosophies **3 Semester Credits \$420.00**

Even though man wishes otherwise, conflict is a fact of life, and too often it escalates into war. This course focuses on the dynamic military leaders and their philosophies about strategic thinking and the art of war.

### **EDUC 716S** Keeping Your Head About the French Revolution

3 Semester Credits EBOOK OPTIONAL \$420.00

From Louis XVI to the triumph of Napoleon in 1802, students will discover this turbulent history of revolution, terror and counter terror, and its impact upon the rest of Europe. Students will gain new understanding about the events, personages, and issues while reliving the daily anguish, challenges, joys, and sorrows that characterize this period.

### **EDUC 716W** The Vietnam War: History and Conflict

3 Semester Credits EBOOK OPTIONAL \$420.00

This course provides an extensive background about the Vietnam War, the relevant history of Southeast Asia, and the consequences of the conflict on the region. Topics include diplomacy, military strategies, emotional toll, and postwar economic reform.

## **EDUC 717B** Donner Party: Tragic Pursuit of the American Dream **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

The Donner Party, a group that has remained synonymous with cannibalism and extreme survival, is finally being revealed as a harrowing story of human survival, the refusal to give up even in the most extreme conditions, and what it means to pursue a better life against all odds.

### **EDUC 717D** The Holocaust: Never to be Forgotten

3 Semester Credits \$420.00

Students will examine the events leading up to the Holocaust, the "ultimate solution," and formation of death prison camps, and will gain insights into the men responsible and their grotesque immoral deeds. The facts are presented in a very sensitive and skillful manner so that educators can learn more about its vital facts, issues, and emotions.



## **EDUC 717F** Thomas Jefferson: The Voice of Human Liberty **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

This course traces the personal and political passions and legacy of one of our greatest founding fathers, Thomas Jefferson. Students will learn about the man revered as America's first philosopher-politician, and his vast array of remarkable accomplishments that include political, intellectual, artistic, scientific, diplomatic, and humanitarian.

## **EDUC 717G** North Korea: Understanding the Isolated Republic **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

Through this course, students will gain a clear understanding about North Korea by studying its past, present, and future, including its leadership skills and its masterful survival techniques.

## **HISTORY - MUSIC**

### EDUC 716R Understanding Modern Art

### 3 Semester Credits \$420.00

Modern art, especially abstraction, challenges the viewer for comprehension. Over 70 modern artists are discussed, and guidance for understanding and evaluating their art is presented. Students will learn about abstraction, avantgarde, expressionism, impressionism, minimalism, Fauvism, cubism, pop, and more with this tour through the creative and often controversial art that challenges one to appreciate different perspectives of art and reality.

### **EDUC 710P** Land Where the Blues Began

#### 3 Semester Credits \$420.00

In the early 1900s, on the banks of the Mississippi Delta, a new form of music was born, the Delta Blues. This course traces the history of the Delta and its famous blues musicians.

## **EDUC 714L** Beethoven: His Life and Music **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

This course presents basic and detailed information interweaving Beethoven's music and his life through the use of biographical and art historical materials, portions of musical scores, artwork depicting Beethoven, and influential people in his life.

## **EDUC 715M** The Music and Life of Mozart **3 Semester Credits \$420.00**

This course is designed to highlight the life, the music, and the time period of one of the world's greatest composers: Wolfgang Amadeus Mozart. The short life of this creative prodigy is explored as well as the significance of his legacy in the world of music today.



## **ART APPRECIATION**

### EDUC 712K Rembrandt: The Dutch Master

### 3 Semester Credits \$420.00

In this "journey to the past" with the great Dutch artist of the mid-1600s, the world of visual expression and emotion is explored. Through the use of biographical and art historical textual materials and reproductions of paintings in color and etchings in black-and-white, this course presents basic information on Rembrandt.

### EDUC 712L Picasso: Creator of Modern Art

#### 3 Semester Credits \$420.00

The creative genius of Pablo Picasso is explored with emphasis on the influences that led to the development of Modern Art in the 20th Century. This course presents basic and detailed information on Picasso through a study of biographical and historical textual materials, reproductions of paintings, sculptures, drawings, and other art forms

#### EDUC 7120 Frida Kahlo: Pain and Passion

### 3 Semester Credits \$420.00

This course captures the essence of the soul and spirit of one of Mexico's greatest painters. Students will learn about "Frida" – the rebel, the sensitive child, the woman of intense emotions, and the gifted artist – who sought refuge from loneliness in her heart and imagination.

### **EDUC 712T** Vincent Van Gogh: The Colors of Life

### 3 Semester Credits \$420.00

This course presents material about the life and work of Vincent van Gogh (1853-1890), a contender for the title of the most widely known European artist. Emphasis is placed on the importance of Vincent van Gogh's work in the progression of great world art and its value to us today as a statement of the indomitable human spirit.

### **EDUC 713X** Teaching Art to Children

3 Semester Credits \$420.00



Whether you're wondering for the first time what art concepts your students should experience or you are a teacher with years of practice looking for new ideas, you will find this course inspiring and comprehensive!

### EDUC 714J Art and Life of Georgia O'Keeffe

### 3 Semester Credits EBOOK OPTIONAL \$420.00

This course is designed to take students on a journey through the life and work of contemporary artist Georgia O'Keeffe (1887 – 1986), from her birth to death, and on to her legacy of today.

### **EDUC 714K** Drawing to Enhance Learning

### 3 Semester Credits EBOOK OPTIONAL \$420.00

This course is designed to teach the skill of drawing so that students can enjoy drawing successfully, enhance lessons with drawings, or teach others to draw. This course focuses on the five skills necessary to draw successfully. Basic drawing supplies required.

### EDUC 714Y Monet: Painter of Light and Color

### 3 Semester Credits \$420.00

From a caricaturist, through his development as an immature artist, to a master painter, this course journeys through the life and work of the great Impressionist artist. Claude Monet.

### **EDUC 715K** Integrating the Arts for Teaching and Learning

### 3 Semester Credits \$420.00

As dwindling budgets and other concerns have caused arts instruction to have been denuded from the school curriculum, it has been established that incorporating the arts into the educational experience and curriculum leads to increased learning and engagement. This course will provide tools for teachers and academicians to help integrate arts back into the classroom.

## **SCIENCES**

### **EDUC 710R** Hunting Dinosaurs

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

Students will gain insightful and applicable information about the history and discoveries made about dinosaurs. The textbooks used within this course are written by leaders in the field of paleontology, including a text written by Dr. Steve Brusatte, who is one of the foremost experts of the field and a New York Times Bestseller author. Students will take a complete journey through the age of the dinosaurs by exploring topics such as the era of the dinosaurs, drifting continents, different dinosaur species and their biology, the end of an era, and how fossils are found and identified.

### **EDUC 710S** Galaxies, Stars and Planets

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

This basic science course offers an introduction to fundamental theories of modern astronomy. Gravity, laws of motion, stars, planets, galaxies, black holes, history of astronomy, and how the Earth was formed are discussed in introductory form.

### EDUC 711L How the Weather Works

#### 3 Semester Credits \$420.00

This course brings weather alive with clearly explained texts supported by colorful illustrations and graphics. The course covers the history of weather, including critical scientific breakthroughs and the people who brought understanding to our climate's rich and varied 4.5-billion-year history.

### **EDUC 711P** Mysteries of the Brain

### 3 Semester Credits EBOOK OPTIONAL \$420.00

On a journey through the brain, students will explore anatomy of the brain, including systems responsible for cognitive processes, basic neurophysiological functions, and current methods used to study brain-behavior relationships. Students will gain an understanding of how to apply this complex research for further comprehension of this information-rich subject.

### **EDUC 712E** Bird Life and Behavior

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

Guided by an expert ornithologist's research, students will dive into the fascinating ways birds use their physical and behavioral traits to survive. Concepts covered include the feeding behaviors of birds, sensory abilities, migration and navigation, surviving extreme weather, bird communities, adapting to human influences, and much more. Discover why and how these unique creatures have been able to survive for more than 200 million years!

#### **EDUC 712H** Oceans

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

This course introduces the student to oceanography and how the ocean works. The course covers the principles of marine biology and physical and chemical oceanography. How are the winds and currents driven? How does energy and carbon flow through marine trophic groups? What is the dilemma of the two-layered ocean? These and many other questions are explained in this marine science course.

### **EDUC 713B** Evolution and Natural Selection

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

Far from a quaint notion developed by a Victorian gentleman some 160 years ago, evolution is an idea that ties together all the information that biologists and naturalists have gathered throughout history. You will learn why evolution has changed our view of the natural world and revolutionized our view of our own meaning and essence.

### EDUC 713R Botany Basics

#### 3 Semester Credits \$420.00

This course is designed as a botanical/herbal and horticulture primer for the non-scientist. The course introduces students to basic botanical terminology, classification (how plants are named), evolution of major divisions and classes, and how to identify plants.

## **EDUC 715E** Introduction to Invertebrate Zoology **3 Semester Credits** EBOOK OPTIONAL | PDF ONLY **\$420.00**

This course introduces the numerous invertebrate phyla and provides a description of the features that characterize each phylum, their diverse forms, functions, and evolutionary relationships. For those interested in biology, this course offers a lucid, yet comprehensive introduction, to a significant proportion of the diversity of life on Earth. A background in biology will be helpful for completing this course.

## **EDUC 717H** Climate Change: What the Science Tells Us

### 3 Semester Credits \$420.00

Utilizing the most recent research on the causes and effects of climate change, this course discusses climate predictions, sea-level rise, paleoclimatology, dangerous weather patterns, Earth's radiation budget, and observations of climate change and ecosystem responses.

### EDUC 715R Food and Nutrition in the 21st Century

#### 3 Semester Credits \$420.00

Nutrition, food safety, obesity, healthy diets, and diabetes are all major issues for parents and educators. This course covers many subjects and controversies related to agriculture, sustainability, nutrition and trends, food safety health claims, supplements, and world hunger.

## **EDUC 717Y** Economics: Relevant Topics and Events: Current Research **3 Semester Credits \$420.00**

The study of economics is explored through pertinent, real-world examples of relatable and relevant topics. Topics include: global recessions, new health care reform, immigration, the ever-changing global economy, housing market, and other current topics in economics.

### EDUC 718Q All About Fish: An Intro to Ichthyology

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

This course is an introduction to the fascinating and diverse world of fish. Students will be introduced to the natural history, biology, and conservation of fish to understand the importance of sustainability and habitat preservation.

## **EDUC 718Y** DNA Science and Its Application in Everyday Life **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

Learn more about DNA science!! This course explores how the popularity of home genetic testing kits, increased use of DNA in criminal investigations, and debates over the use of GMOs in food have brought the topic of DNA from research labs into our homes.

## **EDUC 719B** Discovering Humanity through Cultural Anthropology **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

This course will guide students through a rich exploration of the human experience in family structure, economics, religion, communication and language, art and creative expression, conflict and warfare, social stratification, and gender studies.

## **SITE VISIT**

# Site visit courses offer an opportunity to get away from books, computers, and the classroom.

Site visit courses are designed to enhance your knowledge of specific sites/subjects of historical and/or biological significance. Site visit courses provide content and perspective for classroom instruction, opportunity to research potential field trip sites, and learning opportunities while traveling or vacationing. These courses require travel to specific locations (at your convenience) and require photographic documentation of the visit along with additional written assignments. All Site Visit Courses are available **ONLINE ONLY** 

#### 1 Semester Credit \$140.00

EDUC 717V Visit a State Park

**EDUC 716J** Visit an Art Museum

EDUC 719W Visit a National or International Historical Site

**EDUC 717U** Visit a National Park

**EDUC 714T** Visit a Marine Aquarium

**EDUC 710F** Visit a California Mission

EDUC 710L Visit San Francisco: City Built by The Gold Rush

**EDUC 710U** Visit Historic Las Vegas

EDUC 710X Visit Old Town San Diego

**EDUC 711F** Visit Santa Barbara

**EDUC 711M** Visit Old Sacramento

**EDUC 711U** Visit a Unique Chaparral Plant Community

EDUC 711V Visit a Tropical Rain, Deciduous, or Evergreen Forest

**EDUC 711W** Visit a Desert Biome

EDUC 712F Visit a Railroad Museum

EDUC 713H Visit the California Gold Country

EDUC 713P Visit a Lighthouse Museum

**EDUC 718F** Visit a Natural History Museum

3 Semester Credits \$420.00

EDUC 719G Visit Three Art Museums

## **TECHNOLOGY**

### **EDUC 717C** A Practical Introduction to Adobe Photoshop

### 3 Semester Credits EBOOK OPTIONAL \$420.00

This course introduces the student to Adobe Photoshop, a diverse software package that provides an in-depth platform for managing and editing digital images. Through step-by-step instruction and hands-on projects, students will learn topics such as an overview of Photoshop, sampling a color, basic photo corrections, cropping, and much more. This course is designed for both PC and Mac platforms. Students must already own a current version of Adobe Photoshop.

### **EDUC 717E** Creating a Google Apps Classroom

### 3 Semester Credits EBOOK OPTIONAL \$420.00

This course will provide the digital tools necessary to prepare students for the jobs of tomorrow. Using these tools, students will develop the 21st century skills of collaboration, communication, creativity and innovation, critical thinking, and problem solving. Step-by-step instructions guide students through many Google Apps that help to create an engaging learning experience.

## **EDUC 717J** Technologies, Social Media, and Society: Current Topics **3** Semester Credits \$420.00

Through relevant and current research, this course covers critical issues of our day as they relate to technology. Topics include telecommuting, causes of unemployment, women in the workplace, intellectual property, and freedom of speech, as well as themes such as, the balance of the risk and reward of new technology, the economy, the community, and politics.

# **EDUC 717X** Blended Learning: Empowering Students for Success in the Digital Age

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

Blended learning utilizes technology for effective teaching through brick-andmortar and online-based instruction. Students will explore the difference between technology for learning and technology for teaching and learn how to best integrate these tools to engage their classroom.

## **EDUC 718E** Unlocking the Mysteries of Code

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

This is an introductory course for teachers who want a practical and hands-on approach to learn more about coding through Scratch. As classroom teachers, it is important to help students learn to code because it will help them develop 21st century, academic, and real-life problem-solving skills. Prior coding experience is not required.

### EDUC 718L Tech Tools for the Classroom

### 3 Semester Credits \$420.00

Without a starting point, technology integration can be overwhelming for teachers. By the end of this course, you will have an entryway into successful integration of technology. At the end of this course, you will have a toolkit of applications and sites to get you started in technology integration specific to the academic needs of your students. Getting started can be the key to opening the doors to successful technology integration.

# **EDUC 718P** eLearning Made Easier: Creating Dynamic Learning Opportunities

#### 3 Semester Credits \$420.00

In this course, educators are introduced to a tool that will make eLearning easier when planning and organizing digital lessons—the HyderDoc! Whether your need to transition your classroom to eLearning or you want to infuse blended learning into your instruction, this project-based course will allow you to maximize your student engagement and success without sacrificing content or quality.

# **EDUC 718T** Transform Your Online Instruction with Google Classroom: Ready, Set, Learn!

#### 1 Semester Credit \$140.00

Google Classroom is an easy-to-use program that boasts a wealth of tools that you and your students will love to use! This course provides step-by-step instructions to help you start creating a new Google Classroom or fine-tune your existing class. The projects are practical and relevant for teachers of all grades. Topics include creating classes through Google Classroom, stream announcements, attach resources and materials, organize assignments, grade submitted assignments, provide personalized feedback to students, and much more.

### EDUC 719C Microsoft PowerPoint 2021

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

In this course, students will learn how to use Microsoft PowerPoint 2021 to create dynamic presentations for the classroom to engage students in learning. Step-by-step instructions will guide students on how to create speaker notes and handouts, flashcards, slides with SmartArt graphics, and an instructional game.

#### EDUC 719D Microsoft Excel 2021

#### 3 Semester Credits EBOOK OPTIONAL \$420.00

Transform your classroom with Microsoft Excel 2021! The hands-on projects will introduce and reinforce the basics of Excel. The projects are practical, relevant, and applicable for use in the classroom. Create a daily schedule, a single-point rubric, a table of fun lunch orders, a handout with illustrations, graphs and charts, a game, mail merge, and other relevant projects to promote student learning.

# EDUC 719E Microsoft Word 2021

### 3 Semester Credits EBOOK OPTIONAL \$420.00

Learn how to use the powerful tools of Microsoft Word 2021. Following stepby-step instructions will introduce and reinforce the basics of Word into skills that are practical, relevant, and immediately applicable to the classroom.

# **EDUC 719I** Al: Transforming K-12 Education

# 3 Semester Credits ONLINE FORMAT ONLY | EBOOK OPTIONAL \$420.00

This course will provide students with the basic knowledge needed to effectively integrate artificial intelligence (AI) into their everyday teaching and learning activities. Students will utilize different AI tools to develop lesson plans, communicate with parents, develop assessment instruments, minimize grading time, and enhance student engagement.

# **SPORTS & COACHING**

# **EDUC 710G** Volleyball Basics

### 3 Semester Credits ONLINE FORMAT ONLY \$420.00

This course is designed with the beginning volleyball coach in mind. However, both beginning coaches and those with more experience will gain knowledge of the sport. Sections on passing, spiking, defense, setting, serving, and blocking are discussed by 1998 AVCA Coach of the Year, Brian Gimmillaro.

# **EDUC 7150** Psychology of Sport and Exercise

### 3 Semester Credits \$420.00

This course is designed to acquaint students with field-tested psychological approaches to enhance individual and team performance. Some of the topics covered include motivation, goals, competitive drive, overtraining, concentration, imagery, leadership, teamwork, coaching, injuries, eating disorders, and substance abuse.

### KINE 724 Golf Basics

# 3 Semester Credits EBOOK OPTIONAL \$420.00

This course will take the student through the step-by-step progression to becoming a complete golfer, one who is knowledgeable in all aspects of the game. Complete USGA rules are included, as is a chapter containing the most extensive information about golf etiquette in print. This course might be beneficial to individuals who coach golf beginners.



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# **KINE 725** Teaching Tennis

# 3 Semester Credits EBOOK OPTIONAL \$420.00

This course will take the teacher through a step-by-step approach to teaching tennis. It will help the teacher develop strategies for helping students learn and retain instruction, enhance motor learning, and develop problem solving techniques.

# **KINE 726** Strength Training and Conditioning **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

This course guides the coach through all phases of coaching weight training, from using equipment safely to tailoring a program to meet an individual athlete's needs. IMPORTANT: This course requires a 3-week workout project.

# **KINE 728** Motivating Athletes

### 3 Semester Credits \$420.00

Motivating athletes is a problem every coach has experienced and has solved with varying degrees of success. This course carefully examines what makes a winner and how he or she got there. A variety of coaches give an insider's look at motivation.

# **KINE 732** Basketball Basics

### 3 Semester Credits EBOOK OPTIONAL \$420.00

This course provides instruction in fundamentals, skills, ethics, program development, sports nutrition, and injury prevention. Basketball Basics is valuable to not only the beginning basketball coach, but also to the coach who already has basketball coaching experience.

# **KINE 733** Strength Training for Women

# 3 Semester Credits EBOOK OPTIONAL \$420.00

The importance of muscular fitness and its effect on the quality of a female's life is the focus of this course. In addition to the basics of starting a strength-training program and/or improving an existing training regiment, this course covers topics ranging from the physiology of strength training, to the benefits of strength training.

# KINE 734 Running for Maximum Performance

### 3 Semester Credits \$420.00

This comprehensive course presents information on the physiology, training, and practice of running, with emphasis on long distance competitions. It explores the physiological, psychological, medical, and health issues in all aspects of running, including recreation, training, and competition that trains both the body and mind to perform at their best.

### **KINE 751** Soccer Basics

### 3 Semester Credits EBOOK OPTIONAL \$420.00

In addition to practical advice for guiding teams through the season, students will learn to develop a coaching philosophy, communicate with players, plan practices, teach drills and tactics, prepare for matches, and evaluate players.

# KINE 752 Football Basics

# 3 Semester Credits EBOOK OPTIONAL \$420.00

In addition to the basics of techniques, tactics, and drills for offense, defense, and special teams, this football course stresses the benefits of developing a coaching philosophy that teaches strong values, discipline, and academic standards. Coaches at all levels will benefit.

# **KINE 753** Sports Nutrition that Works! **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

What an athlete eats and drinks can significantly affect performance. Detailed eating plans, latest research, and training experiences of top athletes will help your athletes maximize their training and performance.



# KINE 754 Baseball Basics

### 3 Semester Credits \$420.00

This course covers fundamental skills, strategies and drills, and the keys to teaching them to players. Emphasis is placed on coaching philosophy, team building, pitching mechanics, communication, motivation, program development, and player evaluation.

# **KINE 756** Developing a Physical Education Curriculum: Step-by-Step **3 Semester Credits** EBOOK OPTIONAL **\$420.00**

This course is designed for educators interested in improving the quality of their physical education programs for students with and without disabilities. It is highly practical and customized to address the unique needs of any P.E. program.



# SIGN UP FOR OUR NEWSLETTER!

# RECEIVE NEW COURSE ANNOUNCEMENTS, PROGRAM INFORMATION, AND HELPFUL REMINDERS!

For a quick way to stay in touch with all that is current at PDC, you may sign up to receive our newsletters at anytime by visiting our website pdc.laverne.edu. You can also call or email our staff at laverne.pdc@laverne.edu to be added to our email list. Please note that your email is secure and will not be sold, transferred or used for any other purpose.

# **MOST POPULAR**

# **TOP 10 COURSES**

EDUC 713J Motivating Students Who Don't Care

EDUC 715G ADD/ADHD Strategies and Interventions for the Classroom

EDUC 710B I'm So Stressed I Could Scream!

EDUC 717E Creating a Google Apps Classroom

EDUC 713K The Differentiated Classroom

EDUC 712X Understanding & Dealing with Difficult Parents

EDUC 712Z Understanding Autism

EDUC 710H Understanding Your Moods

EDUC 711X Creating A Mindful Environment

EDUC 712U Child Behavior Disorders

# **NEW COURSES**

EDUC 719H - How to Gamify Your Classroom and Improve Student Engagement

EDUC 719I - AI: Transforming the K-12 Classroom

EDUC 719J - A Competency-Based Approach to Student Achievement

EDUC 719K - Pushing Too Hard: The Perils of Toxic Achievement

EDUC 719L - Project Based Learning

EDUC 719M – Supporting Newcomer English Language Learners

EDUC 719N - Genius Hour: Implementing Passion-Based Learning

EDUC 7190 - Sleep, Learners and Teachers

EDUC 719P – Social and Emotional Learning and Character Development

EDUC 719R - Teaching STEM in the Early Years

EDUC 719S – I am Burnt Out! The Road to Recovery

EDUC 719X - Implementing Playful Learning in PreK-2 Classroom

EDUC 719Y - Theoretical Foundations of Linguistics for ESL

# Coming Soon – New Hybrid Courses in 2025!

In 2025, we'll be offering semester-based hybrid options for your favorite courses. These will include live professor and peer interactions, and discussion boards. Make sure to check out the upcoming EDUC 722 courses!



Learn more about our Certificates on our website: **pdc.laverne.edu** 



# **HOW TO REGISTER**

# How do I register for courses?

You can register for courses online at pdc.laverne.edu or you may register by phone at 833-858-7327.

# How do I register online?

- Go to pdc.laverne.edu.
- Browse our 200+ courses by category or by course number.
- When you find a course you like, click "Enroll" in the course box.
  - ° You may select "Add Another Course" to enroll for more than one course.
- Once all courses have been selected, go to your shopping cart to finalize your registration.
- Select Online or PDF format
  - Online all coursework is completed online and expedites grading
  - PDF All coursework is printed or downloaded to your computer and has to be submitted via upload, fax, or mail.
- Select your course materials.
  - ° Textbooks will be delivered within 3-5 business days.
  - ° eBooks (if available) will be issued within one business day.
- Click Checkout
- Enter all your information and pay.
- All new registrations will be processed within one business day.
- For returning students, all course work will be available within one hour of registering.

# When may I register for courses?

Any time! You may register for up to 15 semester credits at any time during a semester. You have one full year from the end of the enrolled semester to complete your courses! Please be advised that semester that you enroll will be the semester that appears on your official transcript.

Download a course syllabus instantly at

pdc.laverne.edu

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# FAQ's

# Is the University of La Verne Accredited?

Yes! The University of La Verne is accredited by the Western Association of Schools and Colleges.

# If I need help with my course, may I speak with a professor?

For 24/7 academic support, please visit the discussion board on your course page. It's a great place to ask questions, find helpful resources, and connect with your peers and instructors.

# Do you allow course refunds or exchanges?

University policy states that Professional Development Courses cannot be refunded or exchanged. Please make sure your courses will be accepted by your district prior to registering.

# When will my course be graded? When will my grade appear on my transcript?

Courses are graded within five business days of submission. Once your course is graded, it will appear on your unofficial transcript within 1-3 business days.

# Do you give complimentary transcripts?

Yes! Upon completion of all courses within the term of enrollment, a complimentary transcript will be issued to the address on file. eTranscripts are available, however they must be ordered on the Student Clearinghouse website for a nominal fee.

# When is my coursework due?

Students have one year from the end of the enrolled semester to complete any Professional Development Course(s). Our semester dates are:

- Fall Semester: September 1st through January 31st
- · Spring Semester: February 1st through May 31st
- Summer Semester: June 1st through August 31st

If you need additional time to complete your courses, you can file an appeal for an extension.

# Are these courses graduate level?

 $Completion \ of our \ courses \ earns \ graduate \ level, non-degree, semester \ credit. \ These \ courses \ are \ not \ applicable \ towards \ a \ degree.$ 

# Can Professional Development Courses be used toward salary advancement?

Our courses are utilized by states and districts throughout the country for license and certification renewal as well as salary advancement. We suggest you check the applicability of our courses with your school district prior to registration.



# WHERE IS ULV?

Just 30 miles east of downtown Los Angeles, the city of La Verne offers a safe urban setting perfect for studying, while being just a car, bus, or train ride away from some of our famous local attractions.



# University of La Verne

Professional Development Courses® 1950 Third Street La Verne, CA 91750

# 2025 COURSE CATALOG

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